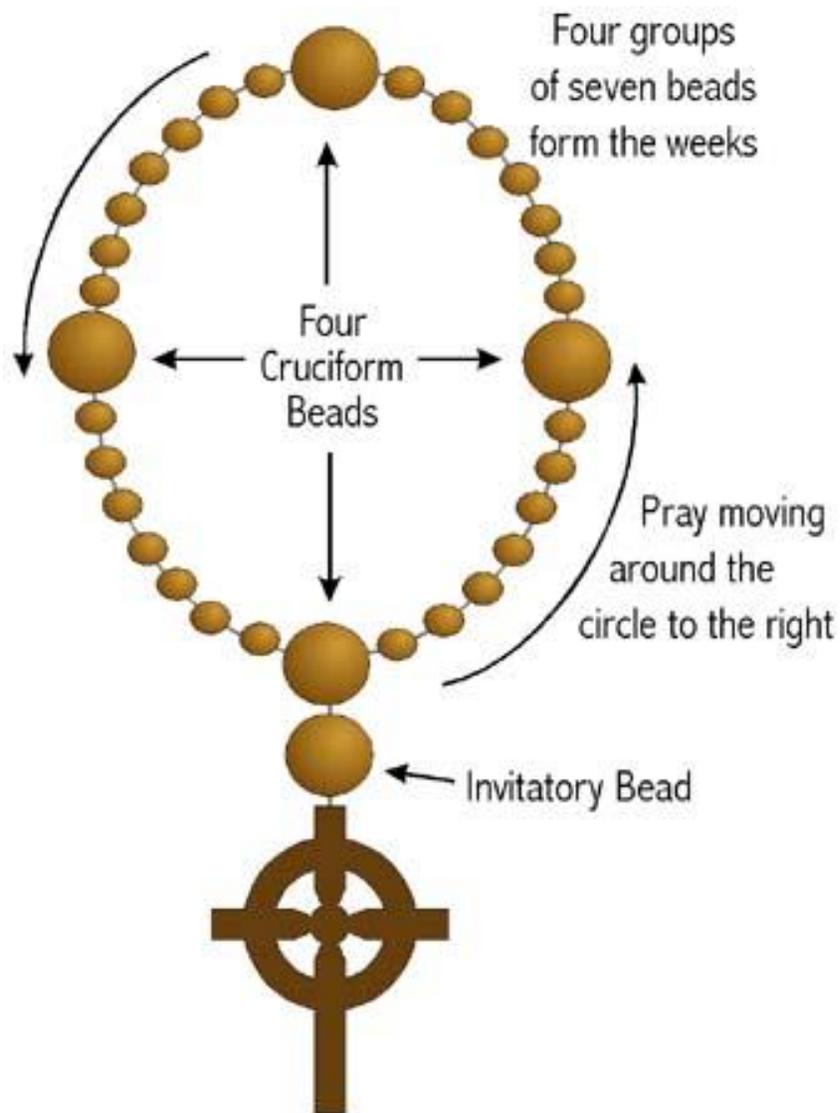


The Anglican Rosary



Many religious traditions throughout the world use some form of prayer beads. Popular examples include the the Roman Catholic Rosary and the Orthodox Jesus Prayer Rope. The Anglican Rosary was created by Rev. Lynn Bauman in the mid 1980s through prayerful exploration. The Anglican Rosary is a method of contemplative prayer.

Symbolism in the Anglican Rosary

- Each week is made up a seven beads. In the Judeo-Christian tradition, the number seven represents spiritual perfection and completion.
- The four cruciform beads represent the cross.
- The total number of beads is 33 - the number of years in Jesus' earthly life.
- It is suggested that you pray around the circle three times - representing the Holy Trinity.
- Saying the rosary three times with a cruciform on the beginning and end brings the total to 100 - the same as the Orthodox Jesus Prayer Rope.

After completing the three rounds - stop at the invitatory and listen in silence and stillness. The extended period of silence invites reflection and listening.

The practice of praying the rosary allows us to slow down, deepen our devotions, and focus on each prayer - prayer by prayer, bead by bead.

The Anglican Rosary is a versatile form of prayer. You may design your own prayer routine or use some of the samples that follow.

Bless the Lord

Cross

Blessed be the one, holy, and living God.
Glory to God for ever and ever. Amen.

Invitatory

O God make speed to save me.
O Lord make haste to help me.
Glory to the Father and to the Son, and to the Holy Spirit:
As it was in the beginning, is now, and will be forever. Amen.

Cruciforms

Behold now, bless the Lord, all you servants of the Lord. You that stand in the house of the Lord, lift up your hands in the holy place and bless the Lord.

Weeks

I lift up my eyes to the hills;
From where is my help to come?
My help comes from the Lord,
The maker of heaven and earth.

The Trisagion Prayer

Cross

In the name of God, Father, Son, and Holy Spirit. Amen.

Invitatory

O God make speed to save me
O Lord make haste to help me.
Glory to the Father, and to the Son, and to the Holy Spirit:
As it was in the beginning, is now, and will be forever. Amen

Cruciforms

Holy God. Holy and Mighty,
Holy Immortal One, Have mercy upon me.

Weeks

Lord Jesus Christ, Son of god,
Have mercy on me, a sinner.

Agnus Dei Prayer

Cross

The Lord's Prayer

Invitatory

Let the words of my mouth and the meditations of my heart be acceptable in your sight. O Lord, my strength and my redeemer.
(Psalm 19:14)

Cruciforms

Lamb of God that takes away the sins of the world,
have mercy on us.

Lamb of God that takes away the sins of the world,
have mercy on us.

Lamb of God that takes away the sins of the world,
grant us peace.

Weeks

Almighty and merciful Lord,
Father, Son, and Holy Spirit,
Bless us and keep us. Amen

Julian of Norwich Prayer

Cross

In the name of God, Father, Son, and Holy Spirit. Amen.

Invitatory

O God make speed to save me

O Lord make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit: As it was in the beginning, is now, and will be forever. Amen

Cruciforms

God of goodness, give me yourself,

For you are enough to me.

And I can ask for nothing less that is to your glory.

And if I ask for anything less. I shall still be in want, for only in you have I all.

Weeks

All shall be well, and all shall be well,
And all manner of things shall be well.

Or

In His love He has done His works and in His love He has made all things beneficial to us.

Come Lord Jesus

Cross

Blessing and glory and wisdom and thanksgiving and honor and power and might be to our God for ever and ever. Amen.
(Revelations 7:12)

Invitatory

Good is our refuge and strength, a very present help in time of trouble. (Psalm 46:1)

Cruciforms

Bless the Lord, O my soul; and all that is within me, bless God's Holy name! (Psalm 103:1)

Weeks

Come Lord Jesus, draw us to yourself. (John 12:32)

Celtic Prayer

Cross

In the name of God, Father, Son, and Holy Spirit. Amen.

Invitatory

O God make speed to save me

O Lord make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit: As it was in the beginning, is now, and will be forever. Amen

Cruciforms

Be the eye of God dwelling on me,
The foot of Christ in guidance with me.
The shower of the Spirit pouring on me,
Richly and generously.

Weeks

1. I bow before the Father who made me.
2. I bow before the Son who saved me,
3. I bow before the Spirit who guides me
4. In love and adoration
5. I praise the Name of the one on high.
6. I bow before thee, Sacred Three,
7. The ever One, the Trinity

An Evening Prayer

Cross

The Lord's Prayer

Invitatory

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

Cruciforms

O God make speed to save us.
O God make haste to help us.

Weeks

Lord have mercy.
Christ have mercy.
Lord have mercy.

Invitatory

The Grace of our Lord Jesus Christ, and love of God, and the fellowship of the Holy Spirit be with us ever more. Amen.

Cross

The Lord's Prayer

An Evening Prayer

Cross

Glory to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and will be forever. Amen.

Invitatory

Open my lips, O Lord, and my mouth shall proclaim your praise.

Cruciforms

Guide us waking, O Lord, and guard us sleeping,
That awake we may watch with Christ and asleep we may rest in
peace.

Weeks

Jesus, Lamb of God, have mercy on us.
Jesus, bearer of our sins, have mercy on us.
Jesus, redeemer of the world, give us your peace.

A Prayer Attributed to Saint Francis

Cross

In the name of the Father, and of the Son, and of the Holy Spirit.
Amen.

Invitatory

The Creator loves us greatly and He blesses us abundantly.

Therefore, let us always seek to praise God.

Cruciforms

Lord, make me and instrument of your peace

Week A

1. Where there is hatred, let us sow love;
2. Where there is injury, pardon;
3. Where there is discord, union;
4. Where there is doubt, faith;
5. Where there is despair, hope;
6. Where there is darkness' light;
7. Where there is sadness, joy.

Week B

1. Grant that we may not so much seek to be consoled as to console;
2. To be under stupid as to understand;
3. To be loved as to love;
4. For it is give that we receive;
5. it is in pardoning that we are pardoned;
6. And it is in dying that we are borne to eternal life.
7. Amen

Repeat Weeks A and B

Invitatory

The Lord's Prayer

Cross

In the name of the Father, and of the Son, and of the Holy Spirit.
Amen.